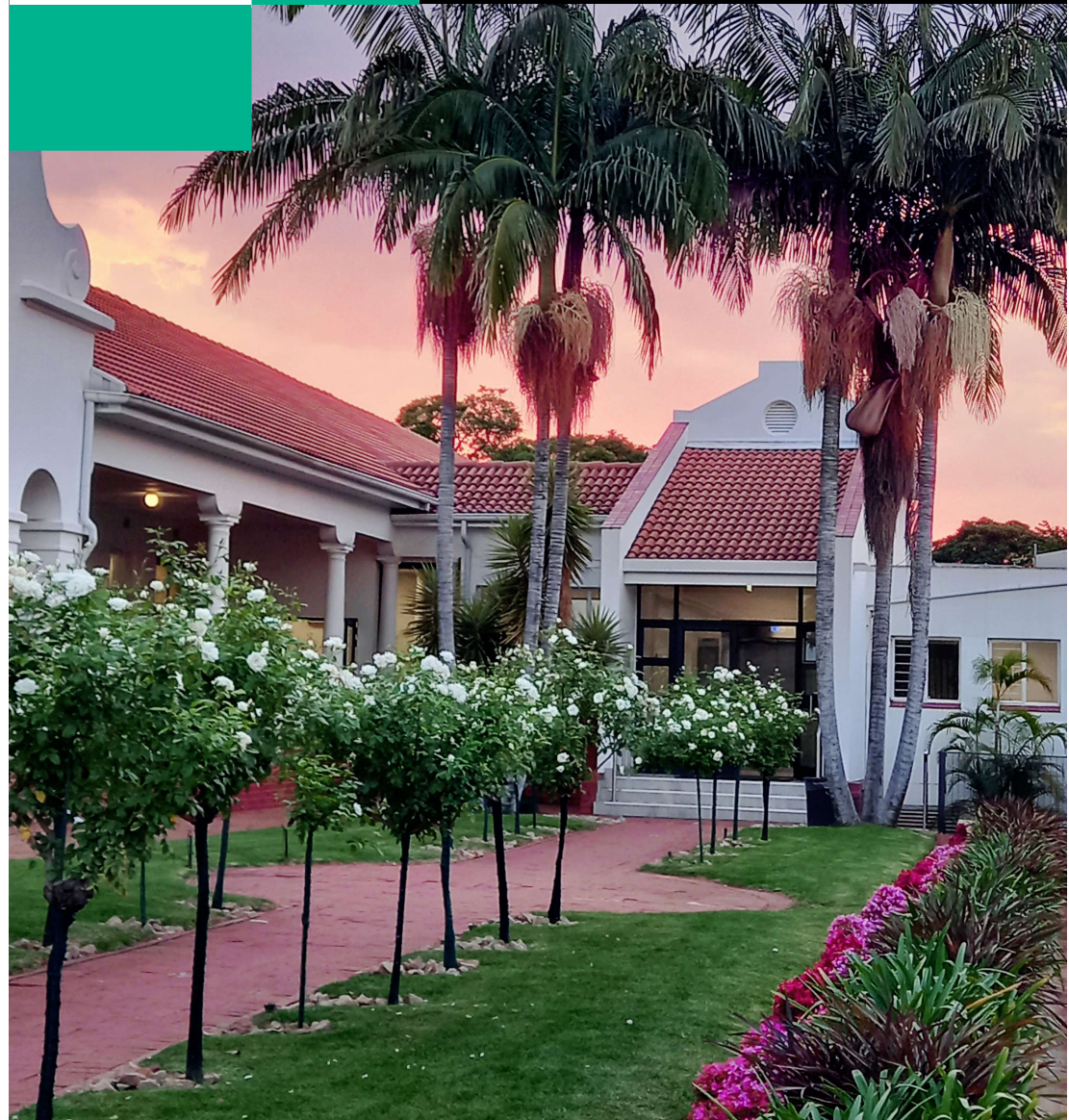


19<sup>04</sup>

ZAH

ZUID AFRIKAANS  
HOSPITAL



012 343 0300



[www.zah.co.za](http://www.zah.co.za)



255 Bourke Street, Muckleneuk, Pretoria

# Background

Zuid-Afrikaans Hospital is an independent private hospital committed to providing superior patient-centred care, while advancing towards world-class clinical innovation.

The hospital was established as a 6-bed nursing facility in 1904. Today, the hospital has 181 hospital beds and offers state-of-the-art equipment and theatres, combined with excellent nursing care. Our specialist doctors and staff strive to offer a service of superior quality.



## Medical Disciplines offered

The following specialists are available:

- Cardiologists
- Cardiothoracic surgeons
- Ear, nose and throat specialists
- General practitioners with special interest in trauma
- General surgeons
- Intensivist
- Neurologist
- Neurosurgeons
- Orthopaedic surgeons
- Paediatrician
- Paediatric cardiologist
- Paediatric gastroenterologist
- Paediatric neurologist
- Plastic and reconstructive surgeon
- Specialist physicians



Photo: Paediatric Ward

# Core Disciplines Offered

## Cardiology & Cardiothoracic Surgery

The hospital is renowned for its cardiology and cardiothoracic surgery to our well-respected patients.

The hospital also has a fully integrated electrophysiology laboratory, which includes a three-dimensional mapping system.

Our two catheterisation laboratories, two thoracic theatres and one spinal theatre are equipped with the latest equipment to serve our patients.

### Cardiology

Our cardiologists have interests in diverse aspects of cardiology. One of our cardiologists is an electrophysiologist, while others have a special interest in paediatric cardiology.

### Cardiothoracic Surgery

Highly skilled cardiothoracic surgeons serve patients with conditions related to the heart and lungs.

## Orthopaedic Surgery

Although the orthopaedic needs of patients vary, arthroplasty is one of the most common procedures performed, followed by foot and ankle and shoulder surgery.

Patients can expect experienced surgeons with a special interest in their specific fields.

## Spinal Surgery / Neuro Surgery

Spinal surgeons serve our patients with a wide range of services that affect the spine and limbs. Treatment options depend on the patient's condition but can include the latest equipment in minimally invasive spinal surgery.

## General Surgery

Our skilled general surgeons partner with other disciplines in a multi-disciplinary approach to ensure the best possible outcome for patients. Patients can expect a wide range of procedures offered by our general surgeons.

The hospital is also accredited to offer bariatric surgery to patients living with obesity.



Photo: Cathlab

## Internal Medicine

Zuid-Afrikaans Hospital's specialist physicians care for patients who require complex investigations to diagnose and provide evidence-based treatment options.

The hospital's intensivist focuses on caring for our critically ill patients.

## Plastic and Reconstructive Surgery

The hospital's plastic surgeon serves patients in a balanced approach to plastic surgery from aesthetic to post-surgical reconstruction.

Patients can expect both a pragmatic and personalised treatment plan.

## ENT Surgery

The ear, nose and throat (ENT) surgeons diagnose, evaluate and manage a wide range of diseases of the head and neck, including the ear, nose and throat area.

Our surgeons provide general ENT services to adult and paediatric patients. They also have special interests in skull base surgery as well as ear surgery, hearing improvement and cochlear implants.

## Paediatric Services

The paediatric treatment offered by the hospital varies from day procedures to acute health needs of children and young persons.

Our specialist paediatric care team comprises of a:

- Paediatrician
- Paediatric neurologist
- Paediatric gastroenterologist
- Paediatric cardiologist

# Facilities

The facilities at Zuid-Afrikaans Hospital have been designed to support the medical, surgical, preventative and post-surgical needs of patients.

The hospital offers a unique healing and relaxing environment for our respected patients, which includes beautiful gardens and verandas. The hospital offers the following facilities:

## Emergency Department

Our Emergency Department is open 24 hours a day, 7 days a week.

The department offers a specialised resuscitation area with four resuscitation bays for adult and paediatric patients, state-of-the-art equipment, five treatment rooms, a well-equipped procedure room, a Travel Clinic and an Intravenous Clinic.

The Emergency Department offers extensive cardiology services supported by resident cardiology and cardiothoracic specialists associated with the hospital.

## Intravenous Clinic

The specialised Intravenous (IV) Clinic accommodates patients who require IV treatment for medical conditions as prescribed by doctors and specialists.

## Pathology

Three pathology laboratories are based at the hospital.

- Ampath 012 344 1861
- Lancet 012 343 8430
- Pathcare 012 344 0565

## Pharmacy

The pharmacy specialises in procedure-specific medication, and supplies all in-hospital patients with their medication as prescribed by doctors. It also serves the public with general medication and pharmaceutical needs.



Photo: Emergency Department



Photo: Rose Garden, Ward B

## General Wards and ICU's

ZAH has various wards, namely a Paediatric Ward, four General Wards and three Intensive Care Units.

## Radiology & Nuclear Medicine

### Radiology

Our Radiology Department offers plain film, ultrasound, fluoroscopy, bone densitometry, CT scanning and MR scanning services to patients.

### Nuclear Medicine

Our nuclear specialists are experts in all aspects of diagnostic and therapeutic nuclear medicine services in the treatment of cancer, heart disease, brain disorders, gastrointestinal disorders, lung disorders and more.

## Biokinetics and Physiotherapy

Biokineticists & Physiotherapists offer pre-operative and post-operative and rehabilitative care. They support patients with any cardiac-, pulmonary-, metabolic- and orthopaedic-related conditions.

## Training Centre

The hospital invests in the development of staff and specialists. Our training centre provides classrooms and simulation laboratories equipped with state-of-the-art equipment for continuous professional development (CPD) and skills training.

The hospital's auditorium also hosts CPD events to healthcare professionals.